

March 2019 Activities



Friday, March 1

12:30 LUNCH –BLT & Soup
1:00 Mexican Train Dominos

Monday, March 4

9:00 Walkercise
12:30 LUNCH

**6pm 1st Monday Dinner at
Pennsburg U.C.C. and The
Center**

Tuesday, March 5

10:00 WOW
11:00 Tai Chi
12:30 LUNCH
1:00 Woman's Club -
Bridge
1:00 Chinese Mahjong

Wednesday, March 6

9:00 Walkercise
9:30 Yoga
10:00 Quilting
12:30 LUNCH
1:00 Pinochle

Thursday, March 7

10:00 WOW
11:00 Tai Chi
12:30 LUNCH
1:00 BP/Health Checks
1:00 American Mahjong

Friday, March 8

12:30 LUNCH
1:00 Mexican Train Dominos
1:00 Jin's Painting Class

Monday, March 11

9:00 Walkercise
9:00 Bible Study
12:30 LUNCH

Tuesday, March 12

10:00 WOW
11:00 Tai Chi
12:30 LUNCH
1:00 Woman's Club -
Country Cards
1:00 Chinese Mahjong

Wednesday, March 13

9:00 Walkercise
9:30 Yoga
10:00 Quilting
12:30 LUNCH
1:00 Pinochle

Thursday, March 14

10:00 WOW
11:00 Tai Chi
12:30 Diner's Club
12:30 LUNCH
1:00 BP/Health Checks
1:00 Canasta
1:00 American Mahjong

Friday, March 15

12:30 LUNCH
1:00 Mexican Train Dominos

Monday, March 18

9:00 Walkercise
12:30 LUNCH

Tuesday, March 19

10:00 WOW
11:00 Tai Chi
12:30 LUNCH
1:
00 Chinese Mahjong

Wednesday, March 20

9:00 Walkercise
9:30 Yoga
10:00 Quilting
12:30 LUNCH
1:00 Pinochle

Thursday, March 21

10:00 WOW
11:00 Tai Chi
12:30 LUNCH
1:00 BP/Health Checks
1:00 Canasta
1:00 American Mahjong
1:00 Book Club

Friday, March 22

12:30 LUNCH
1:00 Mexican Train Dominos

Monday, March 25

9:00 Walkercise
9:00 Bible Study
12:30 LUNCH
1:00 Country Cards

Tuesday, March 26

10:00 WOW
11:00 Tai Chi
12:30 LUNCH
1:00 Chinese Mahjong

Wednesday, March 27

9:00 Walkercise
9:30 Yoga
10:00 Quilting
12:30 LUNCH
1:00 Pinochle

Thursday, March 28

10:00 WOW
11:00 Tai Chi
**12:30 LUNCH - Phillies
Opening Day-hot dogs,
chips, pretzel bar, desserts**
1:00 BP/Health Checks
1:00 Canasta
1:00 American Mahjong

Friday, March 29

12:30 LUNCH
1:00 Mexican Train Dominos



NOTES

1% Milk* is offered every day
Menu Subject to Change

Friday, March 1

National Pig Day
BLT's and Homemade Soup