

Paint Break with Jin's Art Studio

Join us for a fun painting class where you will create "Live Grateful" on a 12x12 canvas with Instructor Georgeanne Zvodar of Jin's Art Studio of Pottstown.

RSVP to Evet Hexamer at 215.679.6550 or programmanager@theopenlink.org.



\$10 PP

November 9, 2018

1-2 p.m.

The Center at The Open Link, 517 Jefferson St., East Greenville

Reserve your space early—22 guest limit. Pre-registration required. Please meet 15 minutes early to settle in.



We are reading "The Silent Wife" by A.S.A. Harrison.

Please join us Nov. 15th at 1 p.m. for discussion.

Diner's Club



Garden Buffet
241 N. West End Blvd.
Quakertown, PA
215.804.0488

Please RSVP to The Center, 215-679-6550.

Thursday, Nov. 8

We have 12:30 reservations at the restaurant.

Upper Perk Senior Bowling Group is looking for subs. The group plays every Friday at the East Greenville Firehouse at 1 p.m. If you are interested in becoming a sub, please call Carl Needs at 215.679.0418.



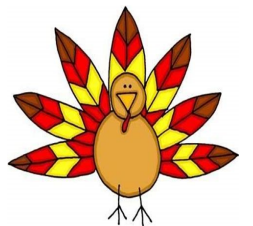
Red Hat Society



Monday, November 12

Visit the Swamp Door Antiques and Curiosities and join us for lunch following. Meet at The Center at 10:00 a.m.

For more info, call 215.679.6550.



November 2018

What Thanksgiving Means to Us

By Evet Hexamer

There's an unattributed quote about counting your blessings that's especially poignant this time of year: "Take time to be thankful for everything that you have. You could always have more, but you could also have less."

We're happy to have November and Thanksgiving to remind us of exactly that! While each of us is grateful for different things, it certainly makes us feel lucky as we reflect on all the blessings we do have.

Thanksgiving, to me, is my family coming together, the smell of the wonderful dinner cooking all day and, of course, arguments over turning off football during the meal.

I am sure many of you can relate and have your own traditions. I am thankful for many things each and every year, but what I am most thankful for this year is the health of my mother-in-law who had a battle with cancer and is now cancer-free!

When asked what she was thankful for this year, Magdalene Essien, center participant, said, "I'm very grateful to God that he has made it possible for me to be moving around. And for coming into The Center with good friends, laugh with friends – I re-

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Participants enjoyed an ornament workshop by Clay on Main at The Center Oct. 12. They designed and painted ceramic and fused glass ornaments just in time for the holidays!



Tree of Thanks



November is a good month to reflect and give thanks. Let's all share what we're grateful for on our Tree of Thanks in the lobby!

Please feel free to take a leaf yourself and fill one out or share what you're thankful for with a staff member and we'll fill one out for you.

We know we're thankful for all of you at The Center!



**You're Invited for
complimentary
Light Refreshments
& Fellowship**

**6TH ANNUAL
HOLIDAY
PARTY**

**1:00
pm**

**Thurs.,
Dec. 13**

**RSVP by Friday, Dec. 7
215.679.6550 or email
programmanager@theopenlink.org**

**THE CENTER
at
THE OPEN LINK**

517 Jefferson Street
East Greenville, PA

*Entertainment by the
Upper Perkiomen
High School Choir*



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ally enjoy doing so.

Barbara Bono said she has had a hard, lonely year with her husband passing and was so grateful for her daughters, Gale, Theresa and Claudette.

“My daughter, Gale, came and just took care of me this year. Moved me into her home, found this wonderful senior center to attend, and just made life worth going on. So I’m very grateful for the kind of person she is.”

“I’m thankful that my baby daughter had a baby girl. She had a high risk pregnancy and gave birth seven weeks early but the baby is healthy,” said Marianne Brodlo.

Donna Stine said she’s grateful for her church and June Schaeffer said she’s thankful for the potential to move to another, larger home with her daughter and family.

Bernadette Smith feels blessed to be healthy, surrounded by family and excited about the arrival of her great-grandson in a few weeks.

What are you thankful for this year?



Are You Game?

Mahjong (Chinese version) - Every Tuesday, 1 p.m. Mahjong (American version) every Thursday at 1 p.m.

Canasta — Every Thursday, 1 p.m.

Pinochle— Wednesdays at 1 p.m.

Perkiomen Valley Women’s Club cards (open to public) Bridge — 1st Tuesday, 12:30 p.m.

Country Cards — 2nd Tuesday, 12:30 p.m.

Country Cards — Last Monday monthly, 1 p.m.

Mexican Train Dominoes— Fridays at 1 p.m.

SAVE THE DATE:

Fri., Nov. 2 — The Open Link Penny Auction.

Doors open at 5:30 p.m., Bidding begins at 6:30 p.m. at the East Greenville Firehouse, 401 Washington St., East Greenville. Join us for a 50-50 raffle, baked goods and great prizes! Admission: \$4 for adults, \$2 for children, free for kids 3 and under. For more info please call 215.679.6550.

Monday, Nov. 5 — First Monday Community Meal.

Please share a free meal with us at 6 p.m. Menu for each location: The Center: Meatloaf, stuffing, broccoli, carrots and desserts. Prepared and served by Frieden’s UCC. Pennsburg UCC: Roast beef, baked potatoes, peas and carrots, applesauce, rolls and ice cream. Prepared by Pennsburg UCC.

Thurs., Nov. 8, 12-4 p.m. — AARP Refresher

Course at The Center. This class will help participants refresh their driving skills and earn a discount on their auto insurance. AARP members \$15, non-members \$20. Registration required by Nov. 5. Call 215.679.6550.

Wed., Dec. 19 at 12:30 p.m. — Ugly Christmas Sweater Day. Wear your ugly sweater and get lunch for \$1. First place wins a prize!

Women on Weights (WOW) and Tai Chi

Tuesdays and Thursdays at 10 a.m. WOW meets to help women increase their strength and battle fatigue, weight gain and even depression. Get stronger with us!

Tai Chi follows at 11 a.m. and is described as “meditation in motion.” No matter what your abilities, come move with us.

Gentle Hatha and Beginner Yoga

Gentle Hatha Yoga meets Mondays from 9:30-10:30 a.m. A mind, body and soul experience. Beginner Yoga meets Wednesdays from 9:30-10:30 a.m. Come improve your flexibility and balance and reduce your blood pressure!

Walkercise

Mondays and Wednesdays at 9 a.m. Come stretch those morning muscles!