

Clay on Main Traveling Workshop



Ornaments

October 12, 2018 at The Center

9:30-10:30 a.m. and 10:30-11:30 a.m.

Cost: \$15 for one class or \$25 for both



Are you ready to unleash your inner artist? Join us for two classes by Clay on Main, an Oley non-profit art studio. From 9:30-10:30 a.m., we'll paint a ceramic ornament and from 10:30-11:30 a.m., we'll paint a fused glass ornament.

RSVP by Oct. 9 to 215.679.6550 or programmanager@theopenlink.org. Limited space.

The ornaments will be fired at Clay on Main and will be ready for pickup after approximately two weeks at The Center.



We are reading "Before We Were Young" by Lisa Wingate.

Please join us Oct. 18 at 1 p.m. for discussion.

Diner's Club



Spunktown Tavern
699 Englewood Road
Boyertown, PA
610.473.9021

Please RSVP to The Center, 215-679-6550.

Thursday, Oct. 11

We have 12:30 reservations at the restaurant.

Upper Perk Senior Bowling Group is looking for subs. The group plays every Friday at the East Greenville Firehouse at 1 p.m. If you are interested in becoming a sub, please call Carl Needs at 215.679.0418.



Red Hat Society



Thursday, Oct. 25

We will be visiting the Daniel Boone Homestead in Birdsboro and going out to lunch afterwards. Meet at The Center at 10:00 a.m.

Cost is \$6 plus lunch.

For more info, call 215.679.6550.

THE CENTER

at

THE OPEN LINK



October 2018

A Farewell Note from Center Manager Sheila Ruth

To my amazing Center family,

After seven years of getting to know every one of you, how do I say "farewell?"

I have found joy, happiness and shared heartache in each of your stories. My life has been blessed because of all of you. I consider you my "family at work."

Family – a word that means so many different things to different people. To me, family is who you choose to be a special part of your life. The Center has been an amazing part of my seven-year journey — a journey that has treated me with respect and showed me value.

My role at The Center changed daily, my responsibilities grew, and I developed as a contributing part of The Center staff, and then The Open Link staff. I have my staff to thank for that. They are an integral part of what you see happening and I have no doubt they will do an even better job in my absence.

However, you – the participants – are the reason I came to work satisfied and happy day after day. Your kind words, your smiles, your compliments but most of all your friendship, is what made me feel like I was "coming home."

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We had a great time recently on the Spirit of Philly bus trip! Everyone enjoyed a fun bus ride with games and prizes, good food and even some dancing. Join us for our next trip on Dec. 5 to Mt. Hope Winery!

Love The Skin You're In!

"Healthy Skin in the Aging Adult"



**Oct. 10 at 1 p.m.
At The Center**

Please RSVP by Oct. 3 to 215.679.6550



FALL FESTIVAL

Friday, October 31, 2018

12:30 PM at The Center,
517 Jefferson St., East Greenville

LUNCH & DESSERT, GIVEAWAYS & ENTERTAINMENT

\$3
Suggested
Donation

COSTUMES WELCOME,
BUT NOT REQUIRED.

PRIZES FOR DIFFERENT
CATEGORIES



RSVP by October 26 to 215.679.6550 or email programmanager@theopenlink.org.

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So, this is not “goodbye” but merely “see you soon.” My wish for every single one of you is peace, love and joy.

Always,

Sheila

First Monday Community Meal

Please share a free meal with us at 6 p.m. on the first Monday of each month. Menu for each location:

The Center on Oct. 1: Roast beef, mashed potatoes and gravy, corn, carrots, rolls and butter and desserts. Prepared and served by Upper Perk Community Church.

Pennsburg UCC on Oct. 1: Baked Chicken, rice, green beans, applesauce and dinner rolls and butter. Prepared by Perkiomenville Mennonite Church.

SAVE THE DATE:

Thurs., Oct. 18, 1 p.m. - Master Gardening Class—Composting/Vermiculture at The Center. Join a master gardener from Penn State's Montco Extension to learn more about composting and the benefits of earthworms. Free. RSVP to Evet at programmanager@theopenlink.org or 215.679.6550.

Fri., Nov. 2 — The Open Link Penny Auction. Doors open at 5:30 p.m., Bidding begins at 6:30 p.m. at the East Greenville Firehouse, 401 Washington St., East Greenville. Join us for a 50-50 raffle, baked goods and great prizes! Admission: \$4 for adults, \$2 for children, free for kids 3 and under. For more info please call 215.679.6550.

Thurs., Nov. 8, 12-4 p.m. — AARP Refresher Course at The Center. This class will help participants refresh their driving skills and earn a discount on their auto insurance. AARP members \$15, non-members \$20. Registration required by Nov. 5. Call 215.679.6550.

Wed., Dec. 5—Mt. Hope Winery. There is still room to sign up for the holiday bus trip to Mt. Hope Estate and Winery for an interactive dinner theater inside the Victorian mansion. Departure is at 12 p.m. at Perkiomen Tours in Pennsburg; return around 7 p.m. RSVP by Oct. 25 (payment due as well) to 215.679.6550.



Are You Game?

Mahjong (Chinese version) - Every Tuesday, 1 p.m. Mahjong (American version) every Thursday at 1 p.m.

Canasta — Every Thursday, 1 p.m.

Pinochle— Wednesdays at 1 p.m.

Perkiomen Valley Women's Club cards (open to public) Bridge — 1st Tuesday, 12:30 p.m.

Country Cards — 2nd Tuesday, 12:30 p.m.

Country Cards — Last Monday monthly, 1 p.m.

Mexican Train Dominoes— Fridays at 1 p.m.

Women on Weights (WOW) and Tai Chi

Tuesdays and Thursdays at 10 a.m. WOW meets to help women increase their strength and battle fatigue, weight gain and even depression. Get stronger with us!

Tai Chi follows at 11 a.m. and is described as “meditation in motion.” No matter what your abilities, come move with us.

Gentle Hatha and Beginner Yoga

Gentle Hatha Yoga meets Mondays from 9:30-10:30 a.m. A mind, body and soul experience. Beginner Yoga meets Wednesdays from 9:30-10:30 a.m. Come improve your flexibility and balance and reduce your blood pressure!

Walkercise

Mondays and Wednesdays at 9 a.m. Come stretch those morning muscles!



Paint Break with Jin's Art Studio

Join us for a fun painting class where you will create “Live Grateful” on a 12x12 canvas with Instructor Georgeanne Zvodar of Jin's Art Studio of Pottstown.

RSVP to Evet Hexamer at 215.679.6550 or programmanager@theopenlink.org.

November 9, 2018

1-2 p.m.

The Center at The Open Link, 517 Jefferson St., East Greenville

Reserve your space early—22 guest limit. Pre-registration required. Please meet 15 minutes early to settle in.



\$10 PP