

August 2018 Activities



<p>August 2018 Activities</p> 		<p>Wednesday, August 1 9:00 Walkercise 9:30 Yoga 10:00 Quilting 12:30 LUNCH 1:00 Pinochle</p>	<p>Thursday, August 2 10:00 WOW 11:00 Tai Chi 12:30 BP/Health Checks 12:30 LUNCH 1:00 Canasta 1:00 American Mahjong</p>	<p>Friday, August 3 12:30 LUNCH –Watermelon Day 1:00 Mexican Train Dominos</p>
<p>Monday, August 6 9:00 Walkercise 9:30 Hatha Yoga 12:30 LUNCH 6pm - 1st Monday Community Meal at Pennsburg U.C.C. and The Center</p>	<p>Tuesday, August 7 10:00 WOW 11:00 Tai Chi 12:30 LUNCH 1:00 Woman's Club- Bridge 1:00 Chinese Mahjong</p>	<p>Wednesday, August 8 9:00 Walkercise 9:30 Yoga 10:00 Quilting 12:30 LUNCH 1:00 Pinochle</p>	<p>Thursday, August 9 10:00 WOW 11:00 Tai Chi 11:45 Diner's Club 12:30 BP/Health Checks 12:30 LUNCH 1:00 Canasta 1:00 American Mahjong</p>	<p>Friday, August 10 12:30 LUNCH 1:00 Mexican Train Dominos</p>
<p>Monday, August 13 9:00 Walkercise 9:00 Bible Study 12:30 LUNCH</p>	<p>Tuesday, August 14 10:00 WOW 11:00 Tai Chi 12:30 LUNCH 1:00 Woman's Club - Country Cards 1:00 Chinese Mahjong</p>	<p>Wednesday, August 15 9:00 Walkercise 9:30 Yoga 10:00 Quilting 12:30 LUNCH 1:00 Pinochle</p>	<p>Thursday, August 16 10:00 WOW 11:00 Tai Chi 12:30 BP/Health Checks 12:30 LUNCH 1:00 Canasta 1:00 American Mahjong</p>	<p>Friday, August 17 12:30 LUNCH 1:00 Mexican Train Dominos</p>
<p>Monday, August 20 9:00 Walkercise 9:30 Hatha Yoga 12:30 LUNCH</p>	<p>Tuesday, August 21 10:00 WOW 11:00 Tai Chi 12:30 LUNCH 1:00 Chinese Mahjong</p>	<p>Wednesday, August 22 9:00 Walkercise 9:30 Yoga 10:00 Quilting 12:30 LUNCH 1:00 Pinochle</p>	<p>Thursday, August 23 10:00 WOW 11:00 Tai Chi 12:00 BP/Health Checks 12:30 LUNCH 1:00 Canasta 1:00 American Mahjong 1:00 Gardening Class— Indoor Gardening—Pots/Soils</p>	<p>Friday, August 24 12:30 LUNCH 1:00 Mexican Train Dominos</p>
<p>Monday, August 27 9:00 Walkercise 9:30 Hatha Yoga 9:00 Bible Study 12:30 LUNCH 1:00 Country Cards</p>	<p>Tuesday, August 28 10:00 WOW 11:00 Tai Chi 12:30 LUNCH 1:00 Chinese Mahjong</p>	<p>Wednesday, August 29 9:00 Walkercise 9:30 Yoga 10:00 Quilting 10:00 Spirit of Philly Day Trip 12:30 LUNCH 1:00 Pinochle</p>	<p>Thursday, August 30 10:00 WOW 11:00 Tai Chi 12:30 BP/Health Checks 12:30 LUNCH 1:00 American Mahjong 1:00 Canasta</p>	<p>Friday, August 31 12:30 LUNCH 1:00 Mexican Train Dominos</p>