

What else is happening at The Center now that the doors have opened?

Get help with your tablet, computer or phone, or set up a Zoom account! Call for an appointment.



One-on-one basic tech help with our qualified (and patient) volunteer Tech Coaches is still available! Help can be over the phone or on Zoom, and now in-person at The Center!

Play Pool!



Get out of the house safely, have fun, and socialize!

Every Tuesday at 1:00 pm

RSVP is required. Space limited. Masks required.

Other activities are also available that allow for social distancing: games, puzzles, coloring, more! Visit our library. Or come to visit and see the improved Center!

215.679.6550 | center@theopenlink.org

Virtual & In-Person PROGRAMMING

Join us in person or on Zoom - or both! Do what makes you feel comfortable.

GAMES & Gab

Join us for a friendly chat and a few games!

Virtual: Wed., Oct. 13th 1:00 PM

In-Person: Tues., Oct. 19th 1:00 PM



In-Person:
Friday, Oct., 15th
1:00 - 2:00 PM

Virtual - Call to get the Zoom link sent to your email if you have not yet attended.

In-Person - RSVP is required. Drop-ins are not permitted. Space is limited.

215.679.6550 | center@theopenlink.org

Do you have a birthday in October?

You're Invited

to stop by The Center to pick up a small gift.

For: YOU

Where The Center

When Mon, Wed, Fri, 12-12:30

RSVP Call 24 hrs. in advance



Come get healthy with us again!

Targeted for ages 55 and up - All are welcome!

Pre-register for each class. Space is limited. Masks required at all times.

Walkercise

Mondays & Wednesday • 9-9:30 AM
Come stretch those morning muscles!

Women on Weights (WOW)

Tuesdays & Fridays • 9:30 - 10:30 AM
Increase your strength and battle fatigue, weight gain, and depression. *Get stronger with us!*

Tai Chi

Tuesdays & Fridays • 10:45 AM - 11:45 AM
Tai Chi is described as "Meditation in Motion."

No matter what your abilities, come move with us.

\$2 suggested donation per class. First class free!

THE CENTER

at



October 2021

Scams - Don't Be a Victim

By Wendy Smeltz, Center Manager and
Evet Hexamer, Asst. Center Manager

Seniors lost almost \$1 billion in scams in 2020 according to an FBI report. Don't let that make you feel naïve or like an easy target; the reality is, the number of scams has increased for all ages. Consumers in the U.S. reportedly lost more than \$3.3 billion to fraud in 2020, up from \$1.8 billion in 2019. There has been a significant spike in job scams and online shopping scams.

Seniors are often targeted because they tend to be trusting and polite, and are more likely to have savings, own a home, and have good credit.

What are the most common scams targeting seniors? According to the National Council on Aging (NCOA) these scams include Medicare, counterfeit prescription drugs, funerals, investments, mortgages, sweepstakes/lotteries, and grandparent scams.

"Confidence fraud" did the most damage among seniors. These include scammers who impersonate loved ones and seek money for family emergencies.

Fraudsters use different tactics to get people to fall victim to their schemes. They can be friendly, sympathetic, and willing to help or use fear tactics.

Scam artists have gotten more creative, so what can you do to protect yourself?

Continued on page 3



Our raffle winner Dave (and wife Dot) shows off his "smile" at our Farewell to Summer in-person event on Sept. 24. Keri Pen-nypacker, left, who you may recognize as our previous Center Coordinator, returned as a volunteer for the fun!



**Angel Food Cake
with Fruit Toppings**
During drive-thru lunch

**Wednesday, October 13th, 2021
12:00 - 12:30 PM**

Lunch is available but not required. When registering please indicate if you would like lunch.

Menu: Beef Teriyaki, sides, fruit cup, bread, milk

RSVP by Tuesday, October 12th
215.679.6550 | center@theopenlink.org



Some people are having trouble calling The Center. If you can not reach us, please call The Open Link's main office in Pennsburg at 215.679.4112. Your call will be transferred to us. We apologize for the inconvenience.

517 Jefferson St., East Greenville, PA 18041 • 215.679.6550 • website: www.theopenlink.org

LUNCH 🎃 FUN 🎃 RAFFLES 🎃 50/50



Join us for a
Drive-thru



Harvest



Friday, October 29, 2021 ▪ 12:00-1:00 pm

RSVP required by Oct. 25th. Call 215.679.6550

When you call:

- Receive a 15-min time slot to arrive
- Choose an Italian or Turkey Hoagie

(Menu will consist of hoagie, chips, side item, beverage, and dessert, plus treats)

See the newsletter insert for details about the
October raffles and 50/50 Drawing!

Center staff
follows safety
protocol and
wears masks at
programming.



517 Jefferson St.
East Greenville, PA
215.679.6550

This is a drive-thru event. Enter from
Jefferson Street, stay in your car.

Continued from page 1

Ask a lot of questions and be suspicious of individuals who offer excuses or ask you to ignore advice from loved ones. Don't be suckered in by fancy websites, research special offers (especially unsolicited ones), and remember the old saying: If it sounds too good to be true, it probably is!

Scammers often pose as IRS or Social Security agents, claiming immediate payment is needed to settle a matter. Real government officials will never seek a specific payment method (wire transfer, credit card, etc.), and they are not likely to contact you by phone, unless you initiated correspondence.

Aside from financial repercussions, being a victim of a scam can be detrimental to one's mental health, causing feelings of helplessness, embarrassment, or fear. This can effect physical health.

Protect yourself from fraudsters and avoid becoming a victim. Join us for a presentation from C.A.R.I.E. (Center for Advocacy for the Rights & Interests of the Elderly). If you suspect Medicare fraud or have a question about Medicare fraud or abuse, call C.A.R.I.E. at 800-356-3606.

Monday Community Meal

October 4th ▪ 6:00 pm

Drive-Thru Meal at Pennsburg U.C.C.

There is no charge for the meal.



Drive-thru lunch will continue until we
are able to resume congregate lunch.

Bagged nutritious lunch

includes frozen meal to heat at
home, side items, bread and milk
Produce from the garden often available!

No cost for individuals age 60 or
over, or a regular Center participant

Monday, Wednesday, Friday

12:00 - 12:30 PM Pick-Up

Schedule in advance, or call by
11:00 AM that day! 215.679.6550

No Cost ▪ Donations Welcome

Enter from Jefferson St. through the driveway.
Staff or volunteers bring your meal to your car.

Drive-thru Pick-up



Don't FALL for Medicare Fraud & Scams

An in-person presentation at The Center

Wednesday, October 20, 2021 ▪ 1:00 PM

RSVP by Tuesday, October 19, 2021. Call 215.679.6550

Join us to find out how to protect yourself and your loved ones from fraud and abuse.

