



Have a blast playing Bingo
from the safety and comfort
of your own home!
Join virtually via Zoom.

Friday, January 22nd at 1:00 p.m.

After you register, check your email for Zoom meeting details.

Register by Jan. 20th - Call 215.679.6550 or email programmanager@theopenlink.org

Use your computer, tablet, or smart phone and join other players
and Center staff for a few rounds of BINGO.

We'll provide 4 cards per player - pick up during any drive-thru lunch
12-12:30 p.m., or use your own. Zoom instructions and assistance also available.

Free Fun ▪ Win Prizes ▪ "See" Friends ▪ BYOS (Bring

Do you have a birthday in January?

You're Invited
to stop by to pick up a small gift.

For: YOU

Where: The Center

When: Mon, Wed, Fri, 12-12:30

RSVP: Call 24 hrs. in advance



Valentine's Day Card Exchange

The Center will hold a
Valentine's Day
drive-thru celebration
in February. We want you
to drop off valentines
for us to distribute.

Let us know if you'll be involved!
Call 215.679.6550



More information will be
provided when you regis-
ter. We'll let you know
next month how many
cards to drop off. Look
for celebration details in
the next newsletter!

THE CENTER

at



January 2021

Like It or Not, Winter is Here!

By Wendy Smeltz, Center Manager
Evet Hexamer, Asst. Center Manager

As we began to prepare our January news-
letter and an article about winter safety, weather
forecasters warned of the potential for heavy
snowfall from a looming nor'easter. As we
write this, the snowstorm of December 2020
has begun!

We hope you enjoyed the beauty of the
snow that blanketed our area. Even more so,
we hope you weathered the storm and stayed
safe. It reminded us how powerful snow,
wind, and cold temperatures can be, and the
importance of being cautious.

Cold temperatures can lead to frostbite and
hypothermia. Saving money on your heating
bill may sound appealing, but keep the tempera-
ture in your home warm and safe. Dress in lay-
ers and when going outside wear warm socks, a
heavy coat, hat and gloves and scarf.

Slippery surfaces are dangerous, so wear
shoes with good traction and non-skid soles. If
you use a cane, replace worn-out tips. Take off
your shoes when returning home to not track in
snow which can become a tripping hazard.

Be prepared for power outages with work-
ing flashlights, a battery-operated radio and

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Staff at The Center was happy to see many of you at our Holiday
Drive-Thru. Thank you for letting us be part of your holiday season!
We look forward to connecting in 2021 and making new traditions.

NOTICE



Due to rising numbers in COVID-19
cases in Montgomery County and
beyond, The Center has paused all
in-person programming.

Drive-thru lunch will continue. See you there!



We hope you'll join us for
Virtual Programming.
Details inside this
newsletter!



Are you new to Zoom and interested in trying it out?
Maybe you are an expert who could offer assistance to others.



Zoom is a great way to stay in touch with family and friends without having contact!

All you need is a computer, tablet, or smartphone, and internet access.

How to Use zoom

Set up a Zoom Account:

Go to zoom.us/signup or download the app on your smartphone. The **free** version of Zoom should meet all your needs.

Follow the on-screen instructions. Enter your email address, activate your account via a link sent to you in an email, and add in your name and a password of your choice. That's it!

Please call us if you need help. We can walk you through it. We want to stay connected!

The Center Presents... Virtual Programming

We're bringing you 3 opportunities in January to come together virtually. Visit with Center staff, see old friends, and make new friends! You can use this time to get familiar with Zoom. We'll chat, practice using tools on Zoom, like mute and chat, and play a game or two!

Monday, Jan. 11th • 10:00 Friday, Jan. 15th • 1:00 Tuesday, Jan. 19th • 11:00

To register: Call 215.679.6550 or email programmanager@theopenlink.org.
After you sign-up, we will email you a link and information.

If you've already set up a Zoom account, all you have to do is click to join!

Or, if this is the first time you've used Zoom, this link will take you to a website to download the program or app.

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keep your cell phone charged. This is always important but especially during winter months. Warm blankets should be on hand as well. If the power is out for an extended time, your refrigerated and frozen items may spoil. Have a supply of non-perishable food.

Dietitians recommend a varied diet during winter when we spend more time indoors and typically eat a smaller variety of food. Since nutritional deficits can be a problem, eat foods fortified with Vitamin D, such as milk, grains, and seafood like tuna and salmon.

Using a fireplace or gas heater may be popular, but can lead to carbon monoxide poisoning. Check the batteries on your carbon monoxide detector.

Be aware of possible dangers around you and follow tips like these to stay safe. And enjoy one of the best things about winter - curling up with a soft blanket and a cup of hot tea or cocoa!

Monday Community Meal

January 4 • 6:00 - 7:00 p.m.

Drive-Thru Meal

at Pennsburg U.C.C.,
775 Main St., Pennsburg.

There is no charge for the meal.



Bagged nutritious lunch

includes frozen meal to heat at home, side items, bread and milk

No cost for individuals age 60 or over, or a regular Center participant

**Monday, Wednesday, Friday
12:00 - 12:30 PM Pick-Up**

Call by 11:00 AM that day to order!
215.679.6550

Masks Required • Donations Welcome

*ALL drivers please enter from Jefferson Street
through the driveway and STAY in your car.
Staff will bring out meals to you.*

Drive-thru Pick-up



Introducing
Julie Booth

The Open Link's New Volunteer/Center Coordinator



Hello! It is my pleasure to have joined The Open Link team! I recently returned to PA after many years away. Schwenksville was my birthplace, and PA has remained in my heart through moves to Ohio, Kentucky and, for the past 20 years, Fairfax, Virginia. Now I am back, and I am glad to be close to many members of my large family. While I miss my (adult) kiddo back in Virginia, she is only a 3 ½ hour drive away. And there is always my hope that she will make her way here eventually! I look forward to getting to know the community and all of you as I settle in.

Please join us in welcoming her to the team!