



Each qualifying person now receives \$24 in checks and the process to obtain checks is safe with no contact needed!

Oualifications:

- 60 years old or over (or will turn 60 by December 31, 2020)
- Montgomery County resident
- Income limits:

I person - \$23,606 2 people - \$31,894

Call 215.541.5282, email laurad@theopenlink.org, or pick up an application at The Center (on the table outside)

Stay Connected



NUTRITION

















Stay connected with The Center and with each other at our new Facebook group. The Center's doors are closed but we're offering remote programming!

We continue to offer programs and activities that encourage socialization and provide nutrition, exercise, education, and more!

Find us at www.facebook.com/groups/centerattheopenlink







August 2020

Looking Forward to the Future!

By Wendy Smeltz, Center Manager Evet Hexamer, Asst. Center Manager

We hope you all know how very much you are missed and how we look forward to the day when we can fully open our doors back up to the community.

As with many areas of life during and after COVID-19, there will be changes in the way we do things. We want to do everything we can to keep our participants safe!

We have been working with the county and other area senior centers to come up with protocols to do our best to keep everyone healthy. While no one has all the answers, the discussions have given us a lot to consider. We want to let you know some of the changes you may be seeing when you return.

Sanitation practices have always been important to us but new procedures will be implemented. There will be an increase in the number and the depth of cleanings.

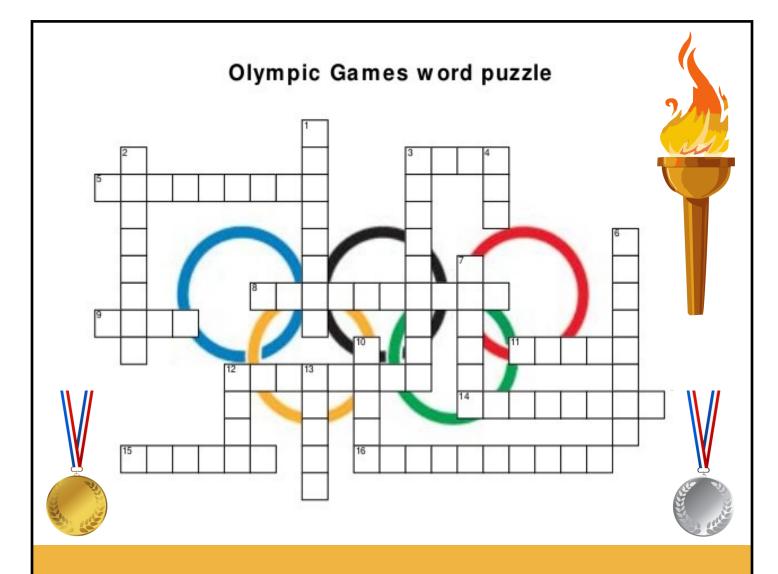
We will conduct a health screening as you enter the building which will include a survey and contact-free temperature check. You will swipe your card but center staff/volunteers will use the touch screen to sign you in for activities.

Continued on page 3



Celebrating Birthdays - Isaac Lemon and his friend, Catherine, stopped by The Center to pick up birthday goody bags for July.





Across

- 3. A sport in which Tiger Woods is Champion.
- 5. A racquet sport, popular in China.
- 8. The five rings on the Olympics represent five _____.
- 9. The Summer Olympic games are held every____ years.
- 11. Modern Olympic Games have been played _____ 1896.
- 12. What sport is David Beckham famous for? (Europe)
- 14. The Olympic motto is "Swifter, Higher and _____".
- 15. There is the Winter and _____ Olympics.
- 16. ____ is an event in the Winter Olympics.

Down

- I. Another name for table tennis.
- 2. Long distance running event.
- 3. The highest award in the Olympic Games.
- 4. A soccer game lasts _____ ninety minutes.
- 6. People who compete in the Olympic Games.
- 7. Where were the first modern Olympics played?
- 10. Which city was the second modern Olympics held in?
- 12. How many interlocking rings are in the Olympic flag?
- 13. What do we light at the Olympics and carry around?

Down: I. Ping Pong J. Marathon 3. Gold Medal 4. For 6. Athletes 7. Athens 10. Paris 12. Five 13. Torch Across: 3. Golf 5. Badminton 8. Continents 9. Four 11. Since 12. Football 14. Stronger 15. Summer 16. Ski Jumping

Continued from page 1

Social distancing is an important part of opening our doors. Only a limited number of people are allowed in the building at one time, according to government health standards. This will bring changes to lunch, programming and activities. Participants need to be able to distance themselves by 6 feet. For now, the consensus is that masks will need to always be worn and there will only be one person allowed to use the restroom facilities at a time.

Communication with participants is a priority. We will keep you updated through our newsletter, Facebook and, as always, if you have any questions please give us a call. We are here for you.

We know even when we do open, some of you may not feel comfortable coming to The Center. You can still stay connected by joining our Facebook group. We would love to hear from you!

Monday Community Meal August 3 at 6:00 p.m.

Drive-Thru Meal at Pennsburg U.C.C. Menu: Hoagies, Chips, Beverage, Cookies Choice of Italian, Turkey or Roast Beef Hosted by

St. John's Evangelical Lutheran Church



Bagged nutritious lunch

includes frozen meal to heat at home, side items, bread and milk

No cost for individuals age 60 or over, or a regular Center participant

Monday, Wednesday, Friday 12:00 - 12:30 PM Pick-Up

Call by 11:00 AM that day to order! 215.679.6550

Masks Required • Donations Welcome Fresh produce from our garden is often available!

Drive-thru Pick-up - Call at arrival

THE POPULATION OF THE POPULATI	Can	You	Guess	the	Lin	ς.
			- 4000			



Can You Guess the Link?
I. A Ball - A Fish- Cold
2. A Ball - A Salad - A Coin
3. A Cork - A Question - A Balloon
4. A Bottle - A Baseball Player - A Mushroom
5. A Bell - Mouth - A Shoe
6. A Tug of War - The Nightly News - A Boat
7. Seventeen - Time-People

chors 7. they are magazines 8. they have lanes

they are caught. 2. they are tossed. 3. they are popped. 4. they have caps. 5. they have tongues. 6. they have an-