

December 2017 Activities



Friday, December 1
12:30 Lunch
1:00 Mexican Train Dominos

Monday, December 4
9:00 Walkercise
9:30 Hatha Yoga
12:30 LUNCH

6pm 1st Monday Dinner at
Pennsburg U.C.C.
and TOL Senior Center

Tuesday, December 5
10:00 WOW
11:00 Tai Chi
12:30 LUNCH
12:30 Woman's Club -
Bridge
1:00 Mahjong

Wednesday, December 6
9:00 Walkercise
9:30 Yoga
12:30 LUNCH
12:30 Pinochle

Thursday, December 7
10:00 WOW
11:00 Tai Chi
12:30 BP/Health Checks
12:30 LUNCH
1:00 Canasta

Friday, December 8
1:00 Winter Holiday Party
1:00 Mexican Train Dominos

**NO LUNCH
SERVED**

Monday, December 11
9:00 Walkercise
9:30 Hatha Yoga
10:30 Bible Study
12:30 LUNCH

Tuesday, December 12
10:00 WOW
11:00 Tai Chi
11:00 Hearing Screenings
1:00 Woman's Club -
Country Cards
12:30 LUNCH

Wednesday, December 13
9:00 Walkercise
9:30 Yoga
12:30 LUNCH
12:30 Pinochle

Thursday, December 14
10:00 WOW
11:00 Tai Chi
12:30 BP/Health Checks
12:30 LUNCH
12:30 Diner's Club
1:00 Canasta
1:00 Coloring with a Purpose
with Julie Longacre

Friday, December 15
12:30 Lunch
1:00 Mexican Train Dominos

Monday, December 18
9:00 Walkercise
9:30 Hatha Yoga
12:30 LUNCH

Tuesday, December 19
10:00 WOW
11:00 Tai Chi
12:30 LUNCH
1:00 Mahjong

Wednesday, December 20
8:00 Goschenhoppen Folding

9:00 Walkercise
9:30 Yoga
12:30 LUNCH
12:30 Pinochle

Thursday, December 21
10:00 WOW
11:00 Tai Chi
12:30 BP/Health Checks
12:30 LUNCH
1:00 Book Club
1:00 Canasta

Friday, December 22

**Center Closed at
12:00**

MOW Delivered

Monday, December 25

**CENTER CLOSED
NO MOW
Delivery**

Tuesday, December 26
10:00 WOW
11:00 Tai Chi
12:30 LUNCH
1:00 Mahjong

Wednesday, December 27
9:00 Walkercise
9:30 Yoga
12:30 LUNCH
12:30 Pinochle

Thursday, December 28
10:00 WOW
11:00 Tai Chi
12:30 BP/Health Checks
12:30 LUNCH
1:00 Canasta

Friday, December 29
12:30 Lunch
1:00 Mexican Train Dominos