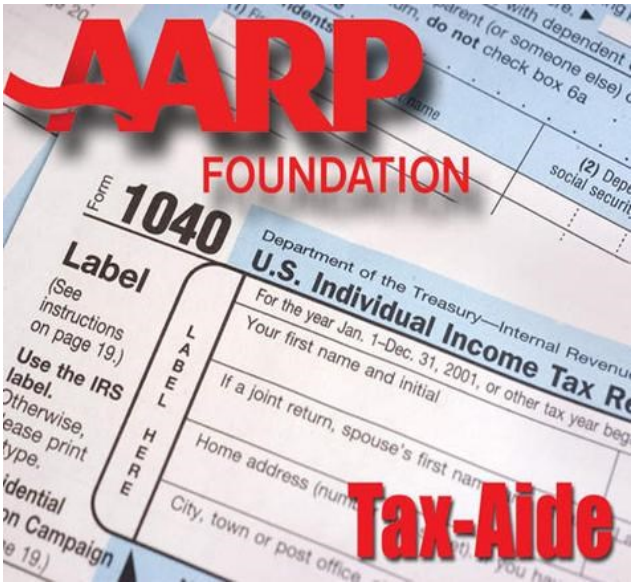
The Center at The Open Link
517 Jefferson Street, East Greenville, PA 18041
215.679.6550
www.theopenlink.org

FREE
Tax Preparation Assistance Program



The Open Link is partnering with the **AARP Program** to provide *free* tax preparation assistance to moderate and low income taxpayers age 60 and over.

Eligibility:

- ***Low to moderate income level***
- **Age 60 and over**
- **Simple income tax returns only**

Where:

The Center at The Open Link

517 Jefferson Street
East Greenville, PA 18041

When:

Fridays ***beginning*** **February 6, 2015**
Available Appointment Times:
9am, 10am, 11am

Friday appointments available ***until***
April 10, 2015

****By Appointment Only****

Call to Schedule Appointment:

Please call **The Center at 215.679.6550** to schedule an appointment. Call today because appointments are limited.

Inclement Weather Policy:

If the Upper Perkiomen School District is closed due to inclement weather, **ALL** appointments will be cancelled. If the district is on a delay, all **9am** appointments will be cancelled.

What to Bring:

- Copy of previous year tax return (2013)
- All income statements for 2014
- All forms for 2014
- Social Security numbers for all dependents
- Bank routing and account number for direct deposit of refund for payment of taxes owed

Cost:

- **Free** (thanks to the AARP Foundation Tax-Aide and the volunteers providing the service)
- **Donations are accepted & benefit The Open Link**

THE OPEN LINK

Opening Doors, Linking Communities, Helping Neighbors Flourish

Main Office
452 Penn Street
Pennsburg, PA 18073
215.679.4112

The Center
517 Jefferson Street
East Greenville, PA 18041
215.679.6550

VOLUNTEERS NEEDED

What can you do in one hour?

- Help out in the food pantry
- Deliver/serve a hot meal
- Preparing food bags for seniors

Older children can often help with certain volunteer activities.

If you are interested in volunteering please contact Evet at 215.679.6550

Community Services including financial assistance, employment counseling, transportation assistance, and domestic violence support.

Food and Nutrition including our community food pantry, community lunch, Meals on Wheels, and nutrition classes.

Adult Education including GED preparation and health and wellness classes.

Visit our website at www.theopenlink.org
for more information about our programs and services.

HEALTH AND WELLNESS AT THE CENTER AT THE OPEN LINK

Let Loose with LeAnn
Tuesdays & Thursdays ~ 9:30 A.M.
$10.00 per 8 week session

A perfect way to get your heart pumping & kick start your day!

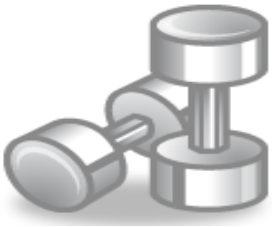
Then join us for WOW and Tai Chi to complete your day of wellness. For more information or to join your first class, call 215.679.6550 or email Sheila at centermanager@theopenlink.org.

Women On Weights

GET STRONGER WITH US!

Tuesdays & Thursdays 10:00 A.M.

8 week session ~ $40.00



TAI CHI

Tuesdays & Thursdays

11:00 A.M.

$32.00 ~ 8 week session

JOIN OUR HEALTH & WELLNESS PROGRAMS TODAY!

Our classes are rejuvenating AND fun!

For more information, call 215.679.6550 or email Sheila at centermanager@theopenlink.org.

DON'T LET ANYTHING SLOW YOU DOWN.

Canasta Anyone?

Come one, come all for CANASTA! Beginners, intermediates and advanced players welcome! Join us on the

1ST & 3RD THURSDAYS
1:00 P.M.

For more information, please call 215.679.6550 or email Sheila at centermanager@theopenlink.org.

MAHJONG
(AMERICAN VERSION)

1ST, 3RD & 4TH
TUESDAY ~ 1:00 P.M.

Or if you prefer - There's always **PINOCHLE**!
Wednesdays ~ 12:30 P.M.

Are you looking for something to do on a Wednesday afternoon? Do you enjoy playing cards?

Join your fellow pinochle enthusiasts for some food, fun and good conversation. For more details, please call 215.679.6550 or email Sheila at centermanager@theopenlink.org.

Thank you to all our volunteers, donors, & community partners for supporting The Open Link in 2014. Our work would not be possible without you! Together, we are opening doors, linking communities, and helping neighbors flourish!

SUPPORT THE OPEN LINK WHEN YOU SHOP ONLINE!

amazonsmile
You shop. Amazon gives.

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to The Open Link whenever you shop on AmazonSmile. Consider donating with an easy click of the button as you do your holiday shopping!

Like us on Facebook

GO GREEN! It's an eco-friendly way to stay up to date on our latest programs! To receive the monthly Center newsletter delivered directly to your inbox, please send an email to Sheila at centermanager@theopenlink.org with your request.

THE OPEN LINK

The Open Link (both The Center & Main Office) will observe the following January schedule:

New Year's Eve Day (12/31) - Open
Meals On Wheels Delivered

New Year's Day (1/1) - Closed
No Meals On Wheels Delivered

MLK Jr. Day (1/19) - Closed
No Meals on Wheels Delivered

2015

2015

Community Lunch Program

The Center at The Open Link serves a hot, nutritionally balanced meal Monday through Friday at 12:30 P.M.
Call the day of by 10:30 am to reserve your spot for lunch.

It is open to the community. Everyone is welcome!

Bring a friend and enjoy good conversation, good food, and lots of laughs. The coffee pot is always on!

(*The menu is found at the back of this newsletter as well as printed weekly in the Town & Country Newspaper.*)

A Walk Through History

Please join us for an interactive journey through American History with Mr. Charles Shagg.

The 2nd and 4th Tuesdays of each month at 11:45 A.M.

Perki Scarlet Ladies' JANUARY Outing

Wed., January 14th ~ 10:00 A.M.

The Scarlet Ladies will meet on Wednesday, January 14th at The Center for a 2015 planning meeting! Then, the ladies will stop for lunch on their way to the Allentown Art Museum.

For more information, please call 215.679.6550 or email Sheila at centermanager@theopenlink.org.

Thursday, Jan. 15th 1:00 P.M.

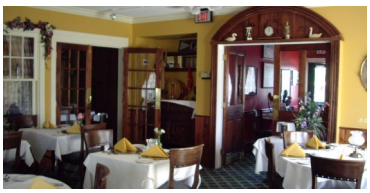
***True Colors* by Kristin Hannah**

With breathtaking pace and penetrating emotional insight, *True Colors* is an unforgettable novel about sisters, rivalry, forgiveness, redemption---and ultimately, what it means to be a family.

Diner's Club - Thurs., Jan. 8th

Heirloom Restaurant

914 Gravel Pike
Palm, PA 18070
267.923.5880



We will leave The Center at **12 NOON** for our 12:30 P.M. reservation.

Please call 215.679.6550 to RSVP.

"SAVE THE DATE"

St. Patrick's Day Party
Tuesday, March 17th

Join us for corned beef and cabbage and get your Irish on!

WALKERCISE

Mondays
and
Wednesdays
9:00 A.M.

Join our ladies, stretch those early morning muscles, and enjoy some spirited conversation to pass the time! For more information, call 215.679.6550 or email Sheila at centermanager@theopenlink.org.

Line Dancing for Beginners
Mondays ~ 2:00 p.m.

No experience - NO PROBLEM!

Can't remember the steps - NO PROBLEM!

Jane will go through the routine each time and keep you on track. Join us for lively fun while taking the opportunity to keep in shape.
For more information or to join, call 215.679.6550 or email centermanager@theopenlink.org.

Only $2.00 per class!

Some of the benefits of line dancing: Improved balance, improved confidence, and coordinated footwork. Fun for all. No need for a partner to learn to dance!

Family Caregivers Network, Inc.

"We ensure the safe living of your loved one."

www.family-caregivers.com

There is no cost for the group.
RSVP is appreciated.
Please RSVP to:
Gerry 215.541.9030 or
Sheila 215.679.6550

Caregiver Support Group

2nd Thursday of the Month ~ 1:30 P.M.

The Center at The Open Link
517 Jefferson Street in East Greenville

Facilitated by Gerry Fioriglio, RN
Owner & Geriatric Care Manager of Family Caregivers Network

You are not alone. Support groups can help family members deal with the emotional and practical challenges of caregiving.

1st Monday Community Meal

1st Monday of Every Month

Dinner Served at 6:00 P.M.

Pennsburg United Church of Christ

775 Main Street

Pennsburg, PA 18073

For information, call 215.679.4112

The 1st Monday Community Meal is a FREE meal hosted once a month by various churches in the Upper Perkiomen Valley. All are welcome at our table.

THE CENTER at THE OPEN LINK

January 2015 Calendar of Events

			Thursday, January 1 **CLOSED FOR NEW YEAR'S DAY NO MEALS ON WHEELS**	**Friday, January 2**
Monday, January 5 9:00 Walkercise 10:00 A Time to Paint 2:00 Beginning Line Dancing	**Tuesday, January 6** 9:30 Let Loose with LeAnn 10:00 Billiards 10:00 WOW 11:00 Tai Chi 1:00 Woman's Club 1:00 Mahjong	**Wednesday, January 7** 9:00 Walkercise 12:30 Pinochle 1:00 Al-Anon	**Thursday, January 8** 9:30 Let Loose with LeAnn 10:00 Billiards 10:00 WOW 11:00 Tai Chi 12:00 Diner's Club 1:30 Caregiver Support Group	**Friday, January 9**
Monday, January 12 9:00 Walkercise 10:00 A Time to Paint 10:30 Bible Study 2:00 Beginning Line Dancing	**Tuesday, January 13** 9:30 Let Loose with LeAnn 10:00 Billiards 10:00 WOW 11:00 Tai Chi 11:45 A Walk through History 1:00 Woman's Club	**Wednesday, January 14** **8:00 Goschenhoppen Historians Folding** 9:00 Walkercise 12:30 Pinochle 1:00 Al-Anon	**Thursday, January 15** 9:30 Let Loose with LeAnn 10:00 Billiards 10:00 WOW 11:00 Tai Chi 1:00 Book Club 1:00 Canasta Club	**Friday, January 16**
Monday, January 19 **CLOSED FOR MARTIN LUTHER KING, JR. DAY** **NO MEALS ON WHEELS**	**Tuesday, January 20** 9:30 Let Loose with LeAnn 10:00 Billiards 10:00 WOW 11:00 Tai Chi 1:00 Mahjong	**Wednesday, January 21** 9:00 Walkercise 12:30 Pinochle 1:00 Al-Anon	**Thursday, January 22** 9:30 Let Loose with LeAnn 10:00 Billiards 10:00 WOW 11:00 Tai Chi 12:30 Lunch with Executive Director	**Friday, January 23**
Monday, January 26 9:00 Walkercise 10:00 A Time to Paint 10:30 Bible Study 1:00 Military Bridge	**Tuesday, January 27** 9:30 Let Loose with LeAnn 10:00 Billiards 10:00 WOW 11:00 Tai Chi 1:00 Mahjong	**Wednesday, January 28** 9:00 Walkercise 12:30 Pinochle 1:00 Al-Anon	**Thursday, January 29** 9:30 Let Loose with LeAnn 10:00 Billiards 10:00 WOW 11:00 Tai Chi	**Friday, January 30** **Saturday, January 31** 1:00 Card Party

THE CENTER at THE OPEN LINK

January 2015 Community Lunch Menu

			Thursday, January 1	Friday, January 2
			CLOSED FOR NEW YEAR'S DAY NO MEALS ON WHEELS	BEEF PORTABELLO Roasted Potatoes Sweet Corn w/ Peppers Whole Wheat Roll Fruit Cocktail Pineapple Juice
Monday, January 5	**Tuesday, January 6**	**Wednesday, January 7**	**Thursday, January 8**	**Friday, January 9**
SUNDAY ROASTED CHICKEN w/ Sauce Sliced Carrots and Peas Brown Rice Whole Wheat Bread Pears Pineapple Juice	PIZZA BURGER on Whole Wheat Hamburger Roll Tater Tots Baked Beans Applesauce	OVEN FRIED FISH Roasted Vegetables Brown Rice Pilaf Whole Wheat Roll Fresh Orange Apple Juice	CHICKEN ALA KING w/ Wide Noodles Chopped Spinach w/ Diced Tomatoes, Spiced Peaches White Bread Chocolate Chip Cookie Orange Juice	MACARONI & CHEESE Stewed Tomatoes Winter Blend Vegetables Whole Wheat Bread Pineapples
Monday, January 12	**Tuesday, January 13**	**Wednesday, January 14**	**Thursday, January 15**	**Friday, January 16**
SWEET & SOUR MEATBALLS Green Beans Almondine Brown Rice w/ Diced Peppers Whole Wheat Bread Fresh Pear	SLICED TURKEY w/ CORNBREAD & CRAN STUFFING & GRAVY Mashed Potato Mixed Vegetables White Roll Pineapples Cranberry Sauce	CHICKEN ALFREDO w/ Penne Broccoli w/ Peppers Harvest Apples Whole Wheat Bread Miniloaf Apple juice	SLICED ROAST BRISKET Sugar Snap Peas Honey Glazed Carrots Whole Wheat Roll Fruit Cocktail Orange Juice	STUFFED FISH FILLET w/ Lemon Butter Sauce Creamed Spinach Roasted Beets Whole Wheat Roll Peaches Pineapple Juice
Monday, January 19	**Tuesday, January 20**	**Wednesday, January 21**	**Thursday, January 22**	**Friday, January 23**
CLOSED FOR MARTIN LUTHER KING, JR. DAY NO MEALS ON WHEELS	IRISH BEEF STEW Roasted Potatoes, Peas, & Carrots Brussel Sprouts Bow Tie Pasta White Bread Pears	CRAB CAKES Scalloped Tomatoes Mac & Cheese Whole Wheat Bread Fresh Orange Apple Juice	CHICKEN & WAFFLES w/ Maple Syrup Collard Greens Cheesy Grits Whole Wheat Bread Applesauce	LASAGNA ROLL-UPS Italian Cut Green Beans Peaches w/ Almond Crisp Topping Whole Wheat Bread Fruit Cocktail Orange Juice
Monday, January 26	**Tuesday, January 27**	**Wednesday, January 28**	**Thursday, January 29**	**Friday, January 30**
FISH & CHIPS Potato Wedges Ratatouille Whole Wheat Roll Pears Pineapple Juice	GRILLED CHICKEN w/ MELTED SWISS & MUSHROOMS Carrot, Sugar Snap Pea & Black Bean Medley Buttered Shells Whole Wheat Bread Peaches Orange Juice	BBQ CHICKEN Candied Sweet Potatoes w/ Pineapples Wax Beans White Roll Applesauce	TURKEY MEATLOAF & Gravy Mashed Potatoes Broccoli Florets Whole Wheat Roll Fresh Apple	SPINACH & CHEDDAR EGG NOODLE CASSEROLE Carrots Fruit Compote Whole Wheat Bread Pineapples Apple Juice